

KILLESTER COLLEGE

newsletter



www.killester.vic.edu.au

28th April 2017

Prayer

*Not forgotten nor forsaken,
Are the lads no longer here;
I shall call - and you will waken
On this one day of the Year*

John Sandes 1916



Remembering Nano

We remember Nano energised by the ever active love that we call God. We remember Nano connecting with people around the world.

Presentation inspired people, one community, us, reaching out "in faith, in a spirit of hospitality, compassion and simplicity to all of creation".

God of here and now, of always and everywhere May we be energised by Nano's faith, courage and commitment to people and life, striving in our living and learning together to create a just, healthy and harmonious world.



Principal's Message

Dear Parents and Friends,

The girls needed no convincing this week to wear their winter uniforms. The cold snap has been felt by everyone but fortunately the water tanks are now full and the gardens are soaked. We are indeed in a lucky country where so many of our daily inconveniences are short term. This was a sentiment I heard echoed by a number of people commenting on the wet Anzac Day and the real challenges faced by those who fought at Gallipoli or the Western Front in WW1. Anzac Day opens up many different views on war and the victims of war. Putting aside historical or nationalistic debates, one thing Anzac Day reminds us, is the that we must always work for peaceful resolutions of differences. This can only be learned in our day to day lives and for us at Killester, that is helping students resolve differences with others by giving them the tools and confidence to do this. No doubt in your own homes, negotiation and conciliation are sometimes needed, especially between siblings. Building peace really does start with the individual, and as adults, our responsibility is to model and teach this to our girls.

As well as Anzac Day this week, Wednesday was Nano Nagle Memorial Day. Nano Nagle was the founder of the Presentation Sisters and she lived just before Daniel Delany, who re-founded the Brigidine Sisters in 1807. As a contemporary of Delany, she lived in a time of great hardship and poverty in Ireland. Though not poor herself, Nano worked with the most vulnerable people and was often referred to as the 'Lady of the Lamp' as she was often seen at night helping others. With so many parallels in their stories, it is not surprising that the Victorian Presentation Sisters connected with the Brigidine Sisters in the formation of Kildare Ministries. Kildare Ministries, the governing body for Killester, is imbued with the gospel values that inspired both Nano Nagle and Daniel Delany, in particular, to work with the most vulnerable in our community and welcome everyone to the table of hospitality.

Next Friday will we be attempting to run the Athletics Carnival again. It was disappointing last Friday to have 160 girls absent. This is quite incredulous and simply not satisfactory. If we are to teach young people about community, they need to understand they don't pick and choose. Just like a family, you don't opt out of going to important family events. Such attitudes breed self centredness and disconnect. This does not build the foundations of belonging and being there for others. I expect to see a much higher turn out next week.

Wishing you and your family the best for the coming week,

Leanne Di Stefano
Principal

The Week Ahead

MAY	
Monday 1st	SCSA Badminton MSAC - All Day
Tuesday 2nd	Athletics Training 7:00am-8:30am Yr 10MA PE F45 Excursion P3&4 Yr 7 & 8 Bball Clinics P1-5 Interschool Sport 2:30pm-5:30pm
Wednesday 3rd	Yr 7 Jump Rope for Heart P1 Yr 8PL Wallara Excursion P1-4
Thursday 4th	Athletics Training 7:00am-8:30am Yr 7 & 8 Bball Clinics P1-6 Yr 9 Outdoor Ed Walk 7:00am-4:30pm
Friday 5th	Interhouse Athletics Carnival



We Will Remember Them.....

On Monday morning at 11.00am the College community paused for the ANZAC service. The Year 12 leaders: Tiara Fernandez, Jennifer Wang, Ami Bui, Olivia L'Etang and Rosemary Duong presented a wonderful reminder to the students regarding the Gallipoli campaign and that "we have a legacy of responsibility, that the heritage fought at so costly a price should not suffer in our hands; so that the word ANZAC does not so much commemorate an event as a standard of character in action which we must maintain in all circumstances - in peace as in war."

Best wishes,
Loreto Cannon
School Operations and Community Development

Year 11 Honour ANZACs in Canberra

Year 11 went to Canberra at the end of Term 1 and our focus was on history, culture, heritage and democracy, and nowhere were these ideas clearer than at the Australian War Memorial. We all agreed that of all the places we went to, this was the highlight of the week.

With Anzac Day commemorations occurring this week, we recall our recent visit to the War Memorial and our opportunity to honour all those who sacrificed so much for the freedom of all.

The Australian Government recognizes the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families with meeting the cost of the excursion, the Australian Government contributes some funds per student under the Parliament and Civics Education Rebate program. The rebate is paid directly to the school to help offset the costs of the camp.

We would like to thank our Principal Ms Leanne Di Stefano for encouraging and supporting such a worthwhile camp for everyone. We thank all the staff who attended for giving up their time so that we may all grow in civics and citizenship. And final we thank the Australian Government for supporting us via the PACER program.

Ms Bronwen Auty
Yr 11 Student Development Leader

ANZAC Commemoration March and Service

The sun was shining on Sunday morning for the annual ANZAC Service held by the Springvale R.S.L. Killester College was represented by two of our Year 11 Leaders - Erin Furlong and Bridget Rae. The march processed down Springvale Road to the Memorial Cenotaph in front of City Hall. The event was moving and a wonderful display of community with all local schools and community services represented.

All Year 11 students visited the War Memorial in Canberra in March and this local experience really reminded our girls of how conflict and war effected so many in our local community. (see photos over page)

Luana Doko, Student Development Coordinator



Change of Dates Notification

A reminder that the date for the re-scheduled Athletics Carnival is Friday May 5th (next Friday).

The Year 7 Immunisations have been moved to Monday May 8th as a result of this re-scheduling.

Host Families Needed!!!

An invitation is extended to Killester families to host a visiting student from Hong Kong. Two girls will join our community from July 9th till July 27th. The girls will most likely be 15 to 16 years old.

If you are able to assist please phone Ms Cannon at the College or email lcannon@killester.vic.edu.au. The finer details of the girls' visit are yet to be organised but it generally will involve simply including the host student into your family for the two weeks.

Liturgical Gospel/Choir

Can't get enough of choir and singing? Well for those of you free on a Tuesday 2nd May at lunchtime, come along and join this group which will sing at all the school liturgies! First meeting/rehearsal will be on Tuesday 2nd May in the Music Room at 12:50pm. Please eat your lunch first, then come and join us. New repertoire of ideas are most welcome!

Ms Bhatt and Mrs Black

Final Reminder from the Finance Office

If you currently hold a valid Health Care Card or Pension Card you are eligible for the CSEF (Camps, Sports and Excursions Fund) payment from the State Government. To receive this payment, (that will be credited to your fee account), you will need to come to the Finance Department of the school front office and complete an application form. You need to present your concession card when submitting the application. If you are eligible and have not submitted a form as yet, please do so WITHOUT DELAY to receive the allowance.

Library - Killester Celebrates Stories 15th-19th May

This year, instead of the usual CBCA Bookweek, the library is hosting a week called Killester Celebrates Stories. By celebrating stories in all their forms; written, visual, verbal, dramatic, we can engage a wider variety of interests from our community.

During the week we will have Theatresports, Slam Poets, Manga Illustrators, trivia quizzes, competitions and prizes for all to be involved in. Girls are encouraged to watch out for poster and screen announcements for more details of ways they can be involved in this exciting week.

Faye Jamieson, Teacher Librarian



FAMILY LEARNING CENTRE

TERM 2 PROGRAM

Free Computer classes for Parents in Term 2

This is your chance to learn Basic Computer skills and be introduced to the first steps in using an Apple Mac. Also how to use the Internet and send Emails and get to know the School Web site and much more! We can answer any Questions you have and help you learn new skills.

When: Wednesdays May 3rd and May 10th

At: 7.00pm to 8.00pm

Where: In the Family Learning Centre at
Killester College

All Parents are welcome.

Conversation English Classes at Killester

On Mondays starting 24th April

- Conversational English Classes will be held on Mondays from 9.30 to 11.30 am.
- They will be held in the Family Learning Centre. Please report to the reception when you come into the school.
- Classes start on Monday 18th April 9.30 am. Classes will run each Monday till end of term
- Please bring a pen and an exercise book or note pad.
- Morning tea will be provided.
- Classes are free. There is no cost to participants
- All parents and families of Killester and wider community are welcome to join these classes.

Community Conversation Meetings

“Making the best start at Killester” for Year 7 Parents

Thursday May 11th 2017 at 7.00 to 8.30 pm

Community Conversations are an opportunity to have a two way conversation between our Parents and the School Leaders so that we can better understand the needs of our parents and enhance the educational experience of our students.

RSVP Roger van Langenberg rvanlangenberg@killester.vic.edu.au

Reply Slip

Daughter's Name:	Homeroom:
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- I/we will be attending the Computer Classes on Wednesday 3rd and 10th May.
- I/we will be attending the Conversation English classes on Mondays from 24th April.
- I/we will be attending the Community Conversation Meeting on Thursday 11th May.

Parent Name:	Signed:
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Or Email RSVP: rvanlangenberg@killester.vic.edu.au



“Nurturing a Healthy Community”

TERM TWO AND THREE MENU, 2017

This canteen menu has been developed after consultation with the Student Committees. It is designed to follow the “Go for your life” Healthy Canteen guidelines, where foods are divided into 3 categories:

- GREEN: Everyday foods
- YELLOW: Select carefully foods - occasionally only
- RED: Limited availability - twice per term only

Lunches must be
PRE-ORDERED

ORDER ONLY		OVER THE COUNTER SALES	
BREAD ROLLS, SANDWICHES			
<i>All wholemeal/whole grain</i>			
<i>Tzatziki spread replaces margarine</i>			
	Price		price
■ Ham	2.70	■ Flavoured Big M UHT 250 ml	2.00
■ Chicken	3.20	■ Flavoured Big M 300 ml Fresh	2.40
■ Cheese	1.50	■ Flavoured Big M 600 ml Fresh	3.60
■ Egg and Lettuce	2.50	■ Up and Go - 250ml	2.30
■ Vegemite	1.50	■ Daily Juice - Apple, Orange, Apple & Breakfast 500 ml	2.50
■ Tuna	3.00	■ Fru Tea - Various Flavours	2.20
■ Any Meat and Salad (Chick,Ham,Tuna)	4.00	■ 110 ml Juice Cups	0.70
■ Salad	3.20	■ Tetra Juice Pack 250ml	1.50
Extras:		■ Dr Smoothie - varied flavours 350ml	3.00
■ Cucumber, Carrot, Beetroot, Lettuce, Tomato, Mayonnaise	0.30 each		
■ Cheese	0.50	Veggie Pack	
**California Rolls (sushi)		■ Celery & Carrot sticks with dip (taz/hom)	2.50
available Tuesday & Thursday			
■ Tuna	3.00	■ Koala Popcorn	1.50
■ Chicken	3.00	■ Fresh Fruit (in season)	0.70
■ Vegetarian	3.00	■ Golburn Valley Cool fruit tubs	2.20
HOT FOOD		■ Fresh/Frozen Yoghurt	2.20
	Price	■ Quelch Fruit Tubes	0.50
■ Homemade soup with dinner roll	3.70	■ Banana Bread	2.50
Monday - Pumpkin		■ Dried Fruits	1.00
Wednesday - Leek and Potato		■ Nuts	2.00
Friday - Chicken and Corn		■ Cheese Snack pack	2.50
■ Baked Potato and coleslaw (Tues & Thurs)	3.70	■ Tuna Snack pack	2.80
Everyday		■ Sarah Lee Muffin	2.80
■ Chicken and Veg Pie 210 g	4.00	■ Breggie Bakes (Bacon & Cheese/Feta & Spinach)	3.50
■ Vegetarian Lasagna	3.70	■ Piranha Crackers	1.50
■ Macaroni Cheese	3.70	HOT FOOD available @ recess only	
■ Pasta Spirals	3.70		Price
■ Beef Traveller Pie 160 g	3.50	■ Steamed Dim Sims	0.90
■ Chicken Sub	4.50	■ Breggie Bake: Bacon & Cheese Feta & Spinach	3.50
■ Veggie Burger	3.50		
■ BBQ Chicken or Margerita Pizza	3.40		
■ Chicken Fantastic Noodles	2.50		
■ Vegetarian Fried Rice	3.50		

Bags can be bought from Canteen before school at 20 cents/4 bags. Name, class, order and amount enclosed to be written on bag. Strictly ONE lunch order per bag. Correct money if possible. No large notes please. Change available from Canteen from 8.00 a.m. Place in basket in homeroom.

FEELING STRESSED OR ANXIOUS?



WHY NOT COME AND BRING CALM INTO YOUR
BUSY WORLD BY EXPERIENCING
STILLNESS MEDITATION THERAPY

It is a simple and unique meditation because of its
simplicity and naturalness.

It powerfully reduces anxiety, relieves the
symptoms of tension and provides effective stress
treatment while enhancing 'living calm' in a very
busy modern, western world.

For more information and expressions of interest
please contact Anita Davine

Mobile: 0438 025 275 Email: pjadavine@gmail.com

Wednesdays at 11.30 am - 12.30 pm in

St John Vianney's Parish Meeting Room.

23 Police Road Mulgrave, 3170. (Parking available behind Church)

Commencing Wednesday, 19 April, 2017.



KILLESTER COLLEGE

433 Springvale Road, Springvale 3171

Telephone: (03) 9547 5000

Fax: (03) 9547 6621

Email: principal@killester.catholic.edu.au

ABN 785 349 953 534

April 2017

KILLESTER COLLEGE TENNIS COACHING

PROSPECTIVE STUDENTS – 2017 – Term 2

Second Term coaching lessons for 2017 will commence on Tuesday 18th April and will end on Friday, 30 June. Tennis coaching this year is taken by Stephen Sruk, who was a member of the winning 1997 State Grade Pennant team for Dendy Park and in 1999 played in the winning State Grade team for Royal South Yarra. Stephen also won the Victorian Hardcourt Singles Championships in 1995 and was runner-up in 1997. He is a registered T.C.A.V. and Tennis Australia Club Professional Qualified Coach.

Classes will be conducted on Monday to Friday, lunchtimes from 12.40pm. The lessons will be 45 minutes in duration but alternative times and days can be arranged.

The cost for the ten week term will be **\$100.00** for a tennis lesson each week (consisting of maximum six students per group).

New students will be placed into groups with vacancies. You will be informed of available time slots when the reply slip is returned to Stephen or school office.

If you would like some more information or interested in having tennis lessons, contact Stephen Sruk – Mobile Phone 0419 311 291 by Friday, 28 April so that groups and times can be arranged according to available time slots.

REPLY SLIP

NAME _____ CLASS _____

TELEPHONE NO. _____ ROOM NO. _____

EXPERIENCE: Beginner Intermediate Advanced
(Please circle one answer)

PREFERRED DAY, IF AVAILABLE:

Buy and Sell

Second-hand **Textbooks**

Second-hand **Uniforms**



Simply

- Register on the Sustainable School Shop website
- www.sustainableschoolshop.com.au

Second-hand textbook & uniform trading systems

- List Wanted & For Sale Ads (Browsers tell each other what they require and what they have to sell).
- The school's book and uniform lists are loaded into the system to make the Ad listing process easy, fast and accurate.
- Our Ad Matching service shows you
 - Exactly the right items to buy
 - Who has the most items you need
 - The cheapest items
- Assistance is provided to accurately price items.
- Buyers contact Sellers, and arrange where and when to transact.
- Excellent email and telephone helplines are provided:
0438 743 444

Cost

- Browse and search the for sale ads for free
- Single items can be advertised for \$1.50
- Annual subscriptions \$21.95 (includes Ad Matching)

Also Buy & Sell

- Calculators
- Sporting items
- Musical items
- Electronics & DVD's
- Stationery

Pricing Guide

- Like New 70%
- Excellent 60%
- Very Good 50%
- Good 40%

www.sustainableschoolshop.com.au

ABN 55 114 136 211

Helpful tips

- Be patient items transact all year round
- Peak trading times: Textbooks: Nov-Mar Uniforms: Change of season; end of year and year start
- Listing Wanted and For Sale Ads gets results
- Our unique Ad Matching Service shows you who to transact with, and will save you lots of time
- Be realistic when pricing items
- Telephoning sellers provides a quicker response as many people do not regularly check their emails
- Pre-arrange who to transact with if your items are still being used and write the availability date in your Ad
- Respect other browsers and remember to Delist your Ads promptly when no longer needed
- Meet somewhere convenient to transact, don't make special trips and just fit it in to your normal activities